

Mouth Matters

Integrating Oral Health
into Medical Care

Oral Health Services Integration: Program Overview

MouthMatters supports care teams across Washington state to successfully make oral health services a routine part of patient care.



The Services

Oral health is a fundamental strategy for keeping your patients healthy.

We train you to deliver three services:

- ✓ An oral health screening to catch early tooth decay before it progresses.
- ✓ Oral hygiene and nutrition education for parents to protect their children's oral health.
- ✓ Application of fluoride varnish, which can reduce tooth decay by 37%.

**These evidence-based services build on what you already do:
Look in a child's mouth and discuss healthy eating with parents.**

Oral health services in the medical setting are an Early and Periodic Screening, Diagnostic and Treatment (EPSDT) Standard of Care established by the American Academy of Pediatrics.

The Support

MouthMatters takes a flexible approach with each unique clinic.

Your clinic receives:

- **Tailored support** to set up systems, including EHRs, billing procedures and workflows.
- **A one-hour training** on the three oral health services and the oral disease process, with opportunities to practice the skills.
- **Ongoing support** to help your clinic successfully implement the services and problem solve as needed.

MouthMatters is a program of [Arcora Foundation](#), supporting the integration of oral health services into medical care across Washington state. Arcora Foundation is a nonprofit dedicated to improving oral health and health equity by partnering with communities to prevent oral disease, transforming health systems and increasing access to care. Funded by nonprofit [Delta Dental of Washington](#), the state's largest dental benefits company, we work toward a shared vision: All people enjoy good oral and overall health, with no one left behind.

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ARCORA
The Foundation of
Delta Dental of Washington

MouthMatters uses a phased approach to support success.

Phase I

Pre-Training

We help you lay the foundation for effective service delivery.

Your clinic will ...

- Participate in a planning meeting to set goals and identify system changes necessary to deliver services effectively.

MouthMatters will ...

- Provide tailored support to guide necessary changes to EHR, billing and workflow.
- Create an oral health integration roadmap summarizing these changes to be shared at the training.

Phase II

Training

Our hands-on training is designed for the entire care team.

Your clinic will ...

- Schedule a training date and location.
- Coordinate to have a child present for demonstration purposes.
- Purchase a six-month supply of fluoride varnish in advance.
- Attend the one-hour training.

MouthMatters will ...

- Train your care team in:
 - Basic oral health concepts.
 - What to look for in a child's mouth and how to assess risk.
 - Delivery of oral hygiene and nutrition education messages to parents.
 - Application of fluoride varnish as an easy, high-impact preventive service.
 - Where to refer children for follow-up care.

Phase III

Post-Training

Ongoing support is available when you need it.

Your clinic will ...

- Provide and bill for oral health services.
- Engage MouthMatters with questions, challenges and successes.
- Share oral health services data with MouthMatters.

MouthMatters will ...

- Follow up several times over the course of one year.
- Check on your progress and request clinic data.
- Provide tailored coaching, billing support and additional training, as needed.

Begin unleashing the power of oral health in your clinic.

Contact us! We can answer your questions about oral health services and talk through what the integration process might look like for your clinic.

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